

Anchor Goals

Our program aims to:

- Increase the success of community housing placements for persons with intellectual disabilities.
- Help maximize and maintain clients' abilities at the highest level possible.
- Improve stability of clients' physical and mental health.
- Improve clients' independent living skills and access to resources to support a meaningful community life.



Our Vision

Building people up holistically with dignity, respect and love.

Our Mission

To be a dynamic, innovative housing and service provider in the communities we serve assisting individuals to reach higher levels of personal growth, independence and resilience by providing supports and meeting needs through a client-centred approach.

Anchor is a Community Living Service Delivery (Ministry of Social Services) funded program of The Lighthouse Supported Living Inc.

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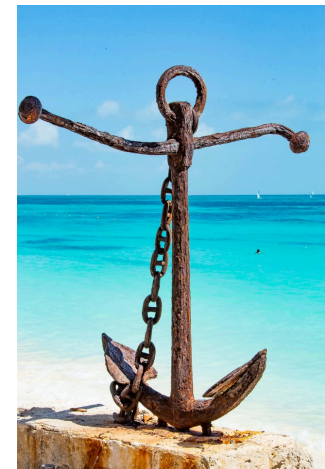


Anchor Program

Assisted Independent Living Program

in partnership with Community Living Service Delivery (CLSD)

Providing support for individuals with intellectual disabilities who have been homeless or considered "hard to house" and who struggle with complexities such as mental illness, addictions, high risk lifestyles and behavioural challenges.



Harm Reduction and Trauma Informed Care

Our service response begins with accepting the intrinsic value of the person along with their choices and circumstances.

We focus on the provision of immediate and basic needs, skilled engagement, relationship building and fostering of therapeutic community, all which creates the base for truly person-centered care.

Taking into account an individual's unique abilities, needs and choices, service responses are matched with wherever the person is in the change process.

Rather than expecting an individual to "fit" into existing programming, we work with the client to develop personal goals and provide supports that "wrap around" the client.

While still supporting the longer range goals of growth, development and independence, The Lighthouse service also focuses on the here and now to reduce the harms associated with chronic, high risk lifestyles and choices.

Anchor Participant Profiles

- Have an intellectual disability
- Require assistance or guidance with activities of daily living (eg. finances, attending appointments, etc.)
- May require assistance or guidance with daily personal care, requiring support to varying degrees
- May have a job the community or attend day programs, and require assistance or guidance with appropriate transportation
- May have not found stable/successful housing due to drug/alcohol use and/or behavioural concerns



Interested? Questions?

Contact:

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