



Our Vision

Building people up holistically with dignity, respect and love.

Our Mission

To be a dynamic, innovative housing and service provider in the communities we serve assisting individuals to reach higher levels of personal growth, independence and resilience by providing supports and meeting needs through a client-centred approach.

Compass is a Saskatchewan Health Authority funded program of The Lighthouse Supported Living Inc.

Intake Coordinator (306)653-6664
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For more info:

Contact

The Lighthouse Intake Coordinator
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Compass Program

in partnership with
Saskatchewan Health Authority

The Compass Program offers adults a safe living environment with intensive supports for people affected by severe, persistent mental health challenges and addiction issues.



The Lighthouse Philosophy of Care

We believe in a person-centred, harm reduction approach to care through a trauma informed lens.

Our service response begins with accepting the intrinsic value of the person along with their choices and circumstances.

We focus on the provision of immediate and basic needs, skilled engagement, relationship building and fostering of therapeutic community.

Taking into account an individual's unique abilities, needs and choices, service responses are matched with wherever the person is in the change process. Rather than expecting an individual to "fit" into existing programming, we work with the person to develop personal goals and provide supports that "wrap around" them.

While still supporting the longer range goals of growth, development and independence, Lighthouse service also focuses on the here and now to reduce the harms associated with chronic, high risk lifestyles and choices.

Compass Participant Profiles

- At risk of homelessness
- Inadequate connections to community support
- Require assistance with basic daily living activities such as preparing meals, taking medication, attending appointments, etc.
- Have been diagnosed with a primary mental illness with possible co-occurring Substance Use Disorder
- Registered or qualified for Saskatchewan Assured Income for the Disabled (SAID) Program, or able to secure funding/payment for the monthly costs associated
- Willing to work on medication compliance and case planning
- Priority given to people receiving care from the Dubé Centre for Mental Health

Program Details

- Participants have their own room with a private bathroom
- Meal service
- Laundry facilities – free of charge
- Access to nursing care 16hrs/day, Compass addictions counsellor, and case managers
- Residents develop a case plan with the program case managers to explore and pursue personal goals of recovery. This may include recovery-based programs, coping skills, life skills development and recreational/leisure programming as offered by Lighthouse staff or in the community.
- Residents participate in case reviews.
- Staff support and presence 24/7